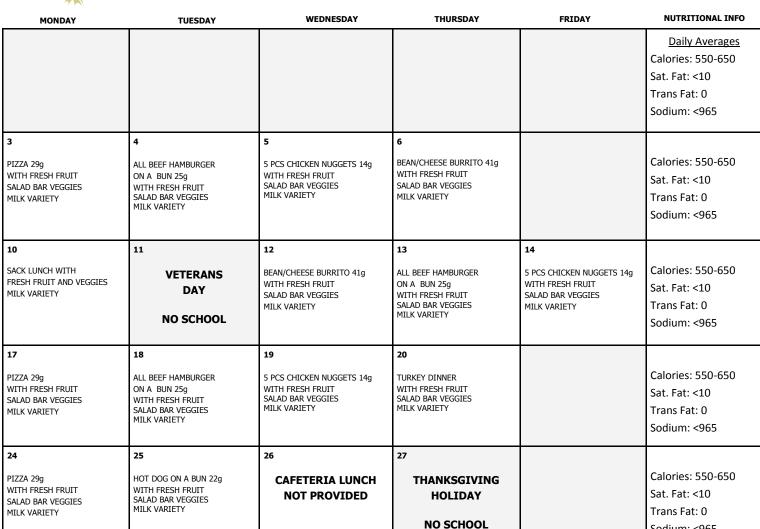


MOUNTAIN VIEW ACADEMY LUNCH MENU (K-8) November 2014





AVAILABLE EVERY DAY FOR LUNCH:

YOGURT

with FRESH FRUIT, **CEREAL and MILK**

DELI SANDWICH 22g

with FRESH FRUIT and BAKED CHIPS 11q

Yogurt Meal and Hot Lunch are not served on sack lunch days

MEAL PRICES:

Lunch \$2.75, Reduced \$0.00, Milk Only \$.50 Milk Variety

(Low Fat 16g/Fat Free Choc 22g)

CHILD NUTRITION SERVICES:

541-937-2124

ALL MEALS SERVED WITH OUR FRESH FRUIT AND VEGGIE VARIETY

NOW SERVING: ALL WHOLE GRAINS



VEGETARIAN OPTIONS





MORE FRESH VEGGIES

ALL NATURAL MILK

Sodium: <965



MORE FRESH FRUIT