



Weekly Update!

Now that we are firmly planted in our new year, it is time to get to work. Progress reports came out last week and we are learning what is working for students and what is not. Hopefully everyone can make adjustments and be successful in both mind and body.

For those needing a place to connect or some support, here is a link to some resources to help with mental health issues related to Covid-19:

<https://www.oregon.gov/ode/students-and-family/healthsafety/Pages/COVID-19-Mental-Health.aspx>

For those needing additional educational resources, tutoring is available in person and virtually.

After school tutoring began this week at Lowell Jr/Sr High School. Students can come to the school between 3-4 pm and meet with teachers on the designated days below. Space is limited to 9 students, so contact either the teacher or office for a spot. It is possible for students to come in at other times as well under the same conditions. Please let us know if you are interested in meeting in person with a teacher.

Monday-Math (Farrier)

Tuesday-Language Arts (Cramer)

Wednesday-Science (Beckett)

Thursday-Social Studies (Free)

Another great resource is the Zoom Homework Help brought to you by the WOU math education students. This great resource is open to students in grades 4<sup>th</sup>-12, Monday through Thursday from 5-6pm. Zoom ID: 892 7349 0087 Password: 624787. And to make it even better, it is free! For additional questions, check out the flyer!

Quick reminder regarding athletic eligibility! Students participating in athletics must be passing all of their classes. Any student athlete not passing after this week will not be allowed to participate until their grades are at a passing level. Also, daily attendance in classes is required, both through Google Meet and Canvas. If you have questions regarding athletics, please call Lowell High School at 541.937.2124.

We are closely monitoring metrics and data in our area to make plans for the upcoming school year. While we don't have information to share at this time, watch the updates for information regarding future school year plans.

As always, be safe and be healthy!