

LOWELL SCHOOL DISTRICT 71
DISTRICT ATHLETIC POLICY

STUDENT ATHLETE RESPONSIBILITIES

The coaches of Lowell High School believe that participation in sports provides a wealth of opportunities and experiences, which assist students in personal growth and adjustments. A student who wishes to participate in athletics is voluntarily making a choice of self-discipline and cooperation. Failure to follow the rules of training and conduct may mean suspension and/or exclusion from the squad. We are striving for excellence in self-development and performance.

Student athletes are required to:

1. Always act in a manner that is a credit to yourself and your team on and off the field.
2. Assume a role of leadership to the school and the community.
3. Be a role model for younger students. They will copy you in many ways, always set good examples for them.

ELIGIBILITY RULES

All students who wish to participate in any sport must comply with the following items:

1. A physical examination by a qualified medical examiner is required before entrance into competitive athletics, then every other year until grade 10.
2. A current (school year) Annual Interval History Form for those who have met the physical examination requirements. Form includes Health history, Parent or Guardian Consent, and Insurance Arrangements.
3. A student athlete must be in attendance for a full day or have a prearranged absence to be eligible for a contest or practice.
4. Observe all the special training rules imposed by the coach of the sport.
5. Complete the practice sessions required for each sport before participation in a game.
6. Attend school regularly. An unexcused absence from school constitutes an unexcused absence from practice.
7. Any injury or illness, which requires a doctor's attention will also require that the doctor give written permission before participation, can be resumed.
8. Parent/Guardian signature consenting to/denying release of the student's name, height weight to the media.

9. Meet satisfactory progress towards graduation and have passed five classes the preceding semester.
10. A full time student not passing five class for three consecutive weeks will lose eligibility for the following week.
11. Maintain membership in the Lowell High School Student Body, by purchasing a Student Body ID card.
12. All other eligibility rules are set by the Oregon Schools Activities Association, O.S.A.A.

TRAINING RULES & REGULATIONS

Student athletes are to abide by the following rules and regulations for the duration of the respective sports seasons:

1. At no time shall any athlete possess, use, transmit, or be under the influence of drugs of any kind, including tobacco. Nor shall the athlete have in his/her possession any device, container or apparatus associated with the above.
2. He/she must also display good school citizenship at all times.
3. An athlete shall be responsible for all athletic equipment that has been checked out to him/her for the season.

VIOLATIONS

A first time violation of the drug policy will result in a one-week suspension from athletic contests. A second violation will cause dismissal from that sport for the remainder of the season. A letter will be sent to the parent of an athlete who is suspended or dismissed from the team. See athletic Handbook for further details.

An appeals board will be set up for any athlete who wishes to appeal his/her suspension or dismissal. The board will consist of the athletic director, the coaches not involved in the season of sports, and athletes.

SIGNATURE

I verify that I have read, understand, and agree to abide by the terms of the District Athletic Policy as listed above. I acknowledge that if it is determined that my student has failed to abide by the District Athletic Policy, my student could be removed from school athletics immediately.

→ Printed Student Name: _____ Grade: _____

→ Student Signature: _____ Date: _____

→ Parent Signature: _____ Date: _____